

Useful Resources:

1. Information About Coronavirus
2. Educational Online Resources
3. Technology-free ideas
4. Mindfulness Activities

1. Information About Coronavirus:

Children are largely affected by what is occurring and there are several fears and anxieties showing up for many children and young people. Children lack the experience to grasp the information they receive, which poses challenges for parents who themselves struggle to understand what is happening. This link provides information on facts about the corona virus, what we can say to children, general advice for having conversations with children, and family life in a 'new' world.

<https://krisepsykologi.no/what-can-we-say-to-children-about-coronavirus/>

Below is a resource taken from Triple A Wicklow which may be useful for when explaining the current situation to children:





Coronavirus – Staying Safe



People are talking about Coronavirus because it is a new type of flu



Just like with all other colds or flu it is important to be healthy



Children and adults are very good at fighting the flu



Just like all colds or flus it can be harder for older people to stay healthy from flu



I can stay healthy by



When preparing food



**FREQUENTLY
WASH HANDS
WITH SOAP**



After sneezing or blowing my nose



Before eating



After using the bathroom



If they are dirty

Complied by:

Sandwell Educational Psychology Team

Inclusion Support

Connor Education Centre



@SandwellEdPsych





I can stay healthy by



Not touching my face, or biting my nails



Trying not to touch outside doors, handles, railings



I can help keep others healthy by



Coughing & sneezing into my elbow



Putting used tissue in the bin



Staying at home if I feel sick



Just like any other cold or flu
Coronavirus will go away in
a couple of months



I do not need to worry about it
but if I am unsure I can talk to my caregivers



Triple A Wicklow
CHY 18175
Fb/TripleAWicklow
tripleawicklow@gmail.com



2. Educational Online Resources

Twinkl

<https://www.twinkl.co.uk/offer>

Twinkl is a website used by teachers which has a wealth of printable resources and PowerPoints which can be downloaded. Use the link below, then scroll down to sign up and make an account. Select 'Parent' as occupation. There is a box at the bottom of the 'Sign up' section that says, 'Offer Code'. Enter the code: CVDTWINKLHELPS to get access to all Twinkl resources, covering all topics and areas of learning, for year groups from Early Years to Key Stage 4.

Classroom Magazines:

<https://classroommagazines.scholastic.com/support/learnathome.html>

This website offers day-by-day projects for home learning. Each day includes learning experiences that are built around meaningful stories or videos and you can select the appropriate grade level for your child.

Travel and Leisure:

<https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>

This allows you to visit 12 famous museums without moving from your couch! You can experience some culture and education through these virtual tours, including a tour of the Van Gogh Museum in Amsterdam.

All in One Home School:

<https://allinonehomeschool.com/>

This is a free online Christian home school curriculum resource. It includes reading, writing, grammar, spelling, vocabulary, mathematics, history/social studies/geography, science, Spanish, Bible, computer, music, art, PE/health, and logic. The website is aimed at a range from reception to year 9. Please note this website uses American grading system.

<https://allinonehomeschool.com/thinking/>

This is one of the course from the above website. This course is for developing logical thinking skills whilst engaging in games. The course is divided into 7 levels. Each level has a variety of games to choose from.

Starfall



<https://www.starfall.com/h/>

This is a service that helps teach children language arts, music, mathematics and how to read. It is widely used in schools with special needs pupils and those with learning difficulties. This website has untimed, multisensory interactive games. This website is for reception up to year 4. Please note this website uses American grading system.

ABCya!

<https://www.abcya.com/>

This website contains free educational games designed and created by teachers for maths and literacy aimed at primary aged and children in Early Years. The website has a menu where you can access help and there is a section for parents. Please note the website uses the American grading system.

Fun Brain

<https://www.funbrain.com/>

This website contains free educational games, books, comics and videos to develop skills in math, reading, problem solving and literacy. The website is aimed at Early Years up to Year 9 students and has section for parents. Please note the website uses the American grading system.

Splash Learn

<https://www.splashlearn.com/>

This website contains free Maths games for children and young people. Please note the website uses the American grading system.

PBS KIDS

<https://pbskids.org/>

PBS KIDS is committed to making a positive impact on the lives of children through curriculum-based entertainment. With a 360-degree approach towards learning and reaching children, PBS KIDS leverages the full spectrum of media and technology to build knowledge, critical thinking, imagination and curiosity. By involving parents, teachers, caregivers and communities as learning partners, PBS KIDS helps to empower children for success in school and in life. Learning through computer games.

Highlights Kids

<https://www.highlightskids.com/>



An American site, a lot of the activities incur a cost (American Dollars), there is some free information available about learning from everyday tasks, such as how language and maths can be incorporated, through baking, making sandwiches and counting putting washing in machine. Primarily aimed at younger children.

Kids National Geographic

<https://kids.nationalgeographic.com/>

This website provides opportunities to learn more about animals, history, science and geography. As well as this it has got a wealth of resources for primary aged children across all elements of the National Curriculum. In addition, there are tons of games and quizzes for children and young people to enjoy, as well as competitions they can enter. It also provides a kids club where children can access videos and entertainment.

Cool Math 4 Kids

<https://www.coolmath4kids.com/>

This website provides a variety of fun and engaging Maths resources for Primary aged children. It covers various areas of the Statutory guidance for National curriculum in England: mathematics programmes of study as well as some Early Years. Users can access games, fun lessons, visual resources, printable resources e.g. flash cards, brain teasers and quizzes.

Math Game Time

<http://www.mathgametime.com/>

This website gives you access to Maths resources ranging from Early Years to Year 7. It has a wealth of online maths games, downloadable and printable worksheets, maths videos to teach children and young people mathematical concepts and maths games that be played on all mobile devices such as phones and tablets. It also has a blog that you can access, providing top tips on how to teach different areas of mathematics.

Unite for Literacy

<https://www.uniteforliteracy.com/>

Unite for Literacy provides children with digital access to picture books that celebrate their languages and cultures.

Literactive

<http://www.literactive.com/Home/index.asp>



Literative provides Early Learning reading material for children working at Reception, Year 1, or Year 2 levels. It includes carefully levelled guided readers, phonic activities, and supplemental reading material which gradually develops reading skills in an enjoyable manner.

Science Kids

<http://www.sciencekids.co.nz/>

Science Kids provides the opportunity for children to use the internet to learn by enjoying fun science experiments, cool facts, online games, lesson plans, quizzes, and so much more.

Switch Zoo

<https://www.switchzoo.com/>

Switch Zoo allows children to use the internet to make animals, play animal games, learn about animals, and hear animal music.

Suessville

<https://www.seussville.com/>

Seussville offers activities, crafts, and pintables that will engage your child in playful learning, including games and videos.

Turtle Diary

<https://www.turtlediary.com/>

Turtle diary offers fun educational and online games for kids, introducing them to new, exciting ways of learning with the help of videos, experiments, puzzles, colouring sheets and more.

E-learning for Kids

<https://www.e-learningforkids.org/>

This offers free and fun digital education for children worldwide and offers courses in different languages. This website also separates lessons into each grade, so the appropriate level can be selected for each child.

3. Technology-free ideas

The below is taken from Pobble.com and shows ideas for non-screen activities.



Non-screen activities you can do at home

Pobble

25 ideas!

What can you do when there's no school and you're stuck at home? Here are 25 fun ideas to choose from.



1 How many different words can you make from the letters in this sentence, below? Grab a pencil and paper and write a list!

'Learning from home is fun'

2 Thank a community hero. Think of someone that helps you in some way and write a short letter to thank them.

Thanks!

3 Get building! You could build a Lego model, a tower of playing cards or something else!



4 Can you create your own secret code? You could use letters, numbers, pictures or something else! Can you get someone else to try and crack it?

5 Start a nature diary. Look out of the window each day and keep note of what you see. Birds, flowers, changes in the weather, what else?

6 Hold a photo session. Use a camera or a mobile phone to take some snaps. What will you photograph? Your pets or toys perhaps?

7 Build a reading den. Find somewhere cosy, snuggle up and read your favourite book!



8 Use an old sock to create a puppet. Can you put on a puppet show for someone?



9 Make a list of all the electrical items in each room of your home. Can you come up with any ideas to use less electricity?

10 Design and make a homemade board game and play it with your family.

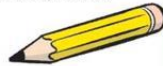


11 Do something kind for someone. Can you pay them a compliment, make them something or help them with a task?



12 Can you create a story bag? Find a bag and collect items to go in it that relate to a well known story. If you can't find an item, you could draw a picture to include.

13 List making! Write a list of things that make you happy, things you're grateful for or things you are good at.



14 Design and make an obstacle course at home or in the garden. How fast can you complete it?



15 Can you invent something new? Perhaps a gadget or something to help people? Draw a picture or write a description.



16 Keep moving! Make up a dance routine to your favourite song.



17 Write a play script. Can you act it out to other people?



18 Read out loud to someone. Remember to read with expression.



19 Write a song or rap about your favourite subject.



20 Get sketching! Find a photograph or picture of a person, place or object and sketch it.



21 Junk modelling! Collect and recycle materials such as yoghurt pots, toilet rolls and boxes and see what you can create with them.

22 Draw a map of your local area and highlight interesting landmarks.



23 Write a postcard to your teacher. Can you tell them what you like most about their class?

24 Draw a view. Look out of your window and draw what you see.



25 Get reading! What would you most like to learn about? Can you find out more about it in books? Can you find a new hobby?

Pobble.com – More writing. More progress.

Compiled by:

Sandwell Educational Psychology Team

Inclusion Support

Connor Education Centre



@SandwellEdPsych



4. Mindfulness Activities

Stop Breathe & Think Kids

<https://www.stopbreathethink.com/>

Stop Breathe & Think has an app which is good at encouraging mindfulness for children and young people.

Cosmic Kids

<https://www.cosmickids.com/>

Cosmic Kids has lots of freely available videos on YouTube which are fun and enjoyable for children. Cosmic Kids yoga has a free 2-week trial.

Smiling Minds

<https://www.smilingmind.com.au/smiling-mind-app>

This is an App which has some guided meditations for those aged between 3-6 years.

Survival Tips for Parents – 10 Activities for Home

<https://3pppsychologies.com/2020/03/13/resources-48-covid-19-survival-tips-for-parents-10-activities-for-home/>

This article provides some top tips for parents who are teaching their children at home.

